

## **COURSE INFORMATION**

COURSE PREFIX NO.:	<b>NUR 214</b>
COURSE TITLE:	<b>MENTAL HEALTH NURSING</b>
LECTURE HRS. /WK.:	<b>2.0</b>
LAB HRS. /WK.:	<b>6.0</b>
CREDIT HRS. /SEMESTER:	<b>4.0</b>

[Distance Learning Attendance/VA Statement](#)  
[Textbook Information](#)

## **COURSE DESCRIPTION**

This course facilitates the utilization of the nursing process to assist in meeting the needs of patients with common mental health problems. Focus is on the dynamics of human behavior ranging from normal to extreme.

## **COURSE COMPETENCIES**

The student will function in the roles of provider of care, manager of care, and member within the discipline of nursing by the completion of NUR/LANU 214 and will:

### **Module I Introduction to Mental Health Nursing, Therapeutic Relationships Techniques and the Nursing Process**

1. Apply functional health patterns as a framework for assessment of the mental health client and family.
2. Apply the nursing process to provide mental health care for selected clients across the lifespan.
3. Apply therapeutic communication techniques to develop the nurse/client relationship with selected mental health clients.
4. Apply knowledge of cultural influences in managing care among mental health clients across the lifespan.
5. Apply and demonstrate accountability for previous learning through problem solving and prioritizing.
6. Meet the clinical objectives/behaviors as stated in the "Evaluation of Clinical Performance" tool NUR.

### **Module II Psychopharmacology, Neurological, Schizophrenia and Substance Related Disorders**

1. Apply functional health patterns as a framework for assessment of the mental health client and family.

2. Apply the nursing process to provide mental health care for selected clients across the lifespan.
3. Apply knowledge of cultural influences in managing care among mental health clients across the lifespan.
4. Apply the principles of pharmacology while providing care for mental health clients.
5. Collaborate with members of the health care discipline in the care of mental health clients and families.

### **Module III Crisis, Anxiety, Psychoses, and Mood Disorders**

1. Apply safe practices when providing care of mental health clients and families in a safe manner.
2. Practice within legal/ethical parameters when providing nursing care for mental health clients and families.
3. Apply and demonstrate application of critical thinking concepts.
4. Apply understanding of psychopathology with selected mental health clients across the lifespan

### **Module IV Personality and Eating Disorders across the Lifespan, Children, Adolescence, and Victims of Abuse**

1. Practice health promotion.
2. Apply therapeutic communication techniques to develop the nurse/client relationship with selected mental health clients.
3. Apply and demonstrate application of critical thinking concepts.
4. Apply the principles of pharmacology while providing care for mental health clients.
5. Apply functional health patterns as a framework for assessment of the mental health client and family.
6. Apply therapeutic communication techniques to develop the nurse/client relationship with selected mental health clients.

7. Collaborate with members of the health care discipline in the care of mental health clients and families.

## **COURSE REQUIREMENTS**

**There are three components to the Mental Health Nursing course: testing, written assignments, and clinical preparation**

### 1. Testing

Each student will complete four module tests. If a student is absent for a scheduled exam, it must be taken on the scheduled examination make-up day. The make-up test could be comparable but different from the original exam given in class. Students will also be required to successfully meet the national average on the assigned ERI in order to complete the course.

### 2. Written Assignments

- a. One IPR (Interpersonal Process Recording)
- b. One Concept Map (can be same client)
- c. Attend two support groups, written summary of each
- d. Submit written paper meeting the objectives for selected community site
- e. The student will submit an entry each week in the journal regarding self-health promotion
- f. Each student will submit a self-evaluation and course evaluation at the end of the course

### 3. Participation

- Clinical Application Lab (class workshops, case studies)
- Clinical preparation (facility)

## **Descriptions of assignments**

- One IPR is required.
- One Concept Map (may be on the same client).

- The student is also required to attend two support groups and evaluate them according to the stated criteria in the syllabus.
- The student will submit a written paper addressing the stated objectives for community experience
- The student will submit an electronic entry by Friday of each clinical week addressing a selected self-health promotion
- Clinical Application class includes preparation to discuss topics from the assigned reading.
- All students are expected to participate in the student-facilitated application class.
- Students are expected to be prepared for each week's clinical experience and be responsible for all learning opportunities.
- Each student will submit a self-evaluation and course evaluation at the end of the semester.

### **Student Expectations**

Students are expected to adhere to institutional policies, policies of the Nursing Program, and policies of the facilities utilized for clinical experience. Students are expected to dress professionally while attending support groups and community sites.

Students must attend any individual conference scheduled with them by an instructor.

For successful completion of this course, students are expected to submit all course requirements by the expected date.

It is the responsibility of the student to participate in learning opportunities provided by the clinical facility. These could include unit therapies and activities, collaboration with staff, rounds, and clinical conferences.

All written papers, borrowed books, and articles must be returned prior to receiving final course grade.

If the student misses any clinical day, the instructor will assign the student a learning experience to accommodate the missed hours. Absences constituting more than 10% may result in failure of the course.

### **Minimal Standards**

The student will demonstrate course competencies as stated in the syllabus. Student evaluation for the course includes a graded theory component. A grade of

satisfactory/unsatisfactory will be given for the clinical performance component. A student must achieve 80% in the theory component, complete all course written assignments, receive a satisfactory rating in the clinical component, and successfully complete the assigned ERI test in order to successfully complete the course.

### **Evaluation Strategies and Grading**

Student evaluation for the course includes a graded theory component, written assignments and a satisfactory/unsatisfactory rating for the clinical performance component.

#### **A. Theory Component Determination of Grade**

A	91-100	Module #1	23.75%
B	92-84	Module #2	23.75%
C	80-85	Module #3	23.75%
D	70-79	Module #4	23.75%
F	Below 70	ERI	<u>5.00%</u>
			100.00%

Completion of the assigned ERI (Educational Resource Incorporated) test with a score at or above the National Average must be achieved in order to successfully meet the requirements of this course. If a student receives at or above the national average on the assigned ERI test on either of the two attempts a grade of 5% will be added to the final grade.

If a satisfactory score is not achieved on the first attempt the student is required to complete remediation before the next further attempt is permitted. Verification must be submitted to the CAI moderator and/or course instructors.

Students must attain a course average of 80% to continue in the program. A final average grade below 80% does not meet the course requirements for graduation regardless of the clinical rating.

Grades are rounded to the nearest whole number after final computation of all exam grades. Any student found guilty of cheating or being involved in plagiarism will be given a grade of "0" on any exam or written work and will be subject to further disciplinary action.

#### **Exam Review Policy**

Examinations will be reviewed as scheduled. Students may review each exam at the designated time only. Examination grades will be posted on WebCT within seven days after the examination has been given. Students may only review their copy of the current examination. Once the next examination has been given the student will not be

allowed to review any previous examinations. If a student would like to receive test-taking assistance from the Assessment Center, the student may only review the current test.

## **B. Clinical Component**

Achievement in clinical will be measured by utilizing the evaluation tool developed for NUR/LANU 214. The student is expected to become familiar with the evaluation criteria prior to beginning clinical. The clinical instructor, through observation of actual clinical performance and documentation of findings, will measure identified behaviors. Using the evaluation tool, an anecdotal summary of clinical performance will be done on a weekly basis to provide feedback to the student. A summative evaluation of clinical performance will be completed at midterm and at the completion of the semester. The student is expected to sign each instructor note and promptly return the evaluation tool to the instructor.

The grading scale on the clinical evaluation tool will consist of "Exceeds Expectations (E), "Satisfactory" (S), "Needs Improvement" (N) and an "Unsatisfactory" (U). A student receiving three Unsatisfactory clinical ratings during the course will fail the entire course.

The student is encouraged to request conferences with the instructor as needed to facilitate attainment of clinical competence. Within 5 days, the instructor will initiate a required conference with the student who received a clinical unsatisfactory (U) rating to discuss behaviors that resulted in the "U" and to provide guidance and recommendations to be followed by the student. This conference will be documented. If a student receives three (3) "U"s in one semester, the student will not be allowed to continue in that course and will receive a grade of "F" for the course. A summative clinical performance evaluation of Unsatisfactory constitutes failure of the course, regardless of the theory grade.

### **Any breach of confidentiality will result in a clinical failure.**

In addition, an unsatisfactory clinical grade may be received at any time during the course for the following:

Any nursing action, judgment, or behavior that is seriously unethical or endangers the client's safety is subject to immediate failure and dismissal from the course. Such incidents will be brought before the entire nursing faculty for review and action.

The student is expected to perform at a satisfactory level each clinical day. As with all client contact, these are confidential encounters; and all discussions outside of the clinical area MUST remain confidential. No names or other documentation is permitted outside the clinical facility.

Material regarding clients **may not** be photocopied or printed while in the clinical facility. Students may make their own client notes **without** using the client's name/initials for clinical preparation. Students are expected to dress appropriately, wearing a lab coat and name badge when in the clinical environment.

Students are expected to turn in papers, journals, and all other assignments on the designated day as assigned in the syllabus. All clinical assignments will require a satisfactory grade in order to pass the clinical component.

### **Learning Resources Component**

As a future member within the discipline of nursing, the student is expected to assume responsibility for learning. Faculty encourage and expect students to utilize critical thinking resources that will help to develop this attribute. Pertinent resources could include nursing journals, on-line resources, CAI programs, selected videos, and supplemental texts. The CAI lab at York Technical College is available for student use.

### **CAI Lab**

Students must adhere to the York Technical College lab policies/Academic Success Center at USCL as outlined in the Nursing Student Handbook. Please do not attempt to use the disk provided with any textbook in the CAI lab/Academic Success Center without asking for assistance from the lab staff. CAI lab hours will be posted on the CAI lab door.

### **Attendance and Punctuality**

Students shall adhere to the attendance policy set forth in the institutional student handbook, with the following exceptions:

**Students must attend all scheduled clinical activities. Make-up assignments will be required and assigned by the Instructor.**

For any absence from clinical, the student will be required to do one or more of the following: clinical case studies, summary of assigned articles, and other learning activities relevant to the course requirements

An absence is defined as nonattendance for any reason, including illness, emergency or official leave. Should absences from class exceed 10%, the student may be subject to a failing grade. Each student's situation will be considered on an individual basis. Exceptions may be made based on cause, length of absence, and the capability of the student.

If a student will be absent from an assigned clinical experience, the student must notify the facility and the instructor prior to scheduled arrival time.

### **Academic Integrity**

Any student found guilty of cheating, dishonesty, or plagiarism will be given a grade of "0" on an exam or written work and will be subject to further disciplinary action.

Plagiarism refers to “The act of appropriating the literary composition of another, on parts or passage of his writings, on the ideas or language of the same, and passing them off as the product of one’s own mind.” (Black’s Law Dictionary, 4<sup>th</sup> edition)

Students will be expected to sign their signature at the end of each exam that states they have maintained academic integrity.

### **Methods of Instruction**

Web CT, PowerPoint presentations, instructional CD’s, case studies, assigned reading, audiovisuals, computer-assisted lab experiences, handouts, written assignments, group activities, classroom/clinical discussion, clinical group pre and post conferences, clinical care experiences and observations, individual conferences, study guides, and learning exercises.

**ENTRY-LEVEL SKILLS:** Satisfactory demonstration of clinical concepts from previous courses.

**PREREQUISITES:** NUR 229

\* all previously listed general education ( see catalog)

**COREQUISITES:** Humanities elective  
General elective

**Disabilities Statement:** Any student who feels s/he may need an accommodation based on the impact of a disability should contact the Special Resources Offices (SR) at 803-327-8007 in the 300 area of Student Services. The SRO coordinates reasonable accommodations for students with documented disabilities.